



Georgia Shape HONOR ROLL

2019 Criteria & Application

WHY APPLY FOR THE GEORGIA SHAPE HONOR ROLL? This award recognizes elementary, middle, and high schools for their dedication to creating a healthy school environment and a culture of wellness for staff, students, and community. On behalf of the Department of Education, and the Department of Public Health, all applicants who meet the requirements of recognition and submit proper documentation will be rewarded for their outstanding efforts.

IMPORTANT DATES:

- **April 2019** – Application Period Opens
- **June 7, 2019** – Application and Documentation Submission Deadline
- **July 12, 2019** – Qualified Schools Notified of Award Status
- **August 26, 2019** – 2019 Honor Roll Awardee List Released and Posted Online

LEVELS OF AWARD RECOGNITION

| SCHOOL LEVEL | BRONZE | SILVER | GOLD | PLATINUM | | |
|-------------------|--|---|--|---|---|--------------------------------|
| ELEMENTARY | 90 hrs of PE/health 100% of students complete FitnessGram Principal verification | Schedule weekly recess | Schedule daily recess Wellness committee Alliance for Healthier Generation Assessment Inventory Healthy Success Story Power Up for 30 Pledge | Power Up for 30 Training Power Up for 30 Story | | |
| | MIDDLE SCHOOL | 50% of student population completes FitnessGram Principal verification | 75% of student population completes FitnessGram Regularly scheduled supervised fitness activity before or after school | Wellness committee Alliance for Healthier Generation Assessment Inventory Healthy Success Story | Award status from the Alliance | |
| | | HIGH SCHOOL | 100% of students enrolled in PE classes complete FitnessGram Principal verification | Regularly scheduled supervised fitness activity before or after school | Wellness committee Alliance for Healthier Generation Assessment Inventory Healthy Success Story | Award status from the Alliance |



SUPPORTING DOCUMENTATION REQUIREMENTS

Elementary

- ★☆☆★ _____ **VALIDATION STATEMENT & SIGNATURES**
 - A document stating “all criteria has been met and the information provided is accurate”
 - Signed by a physical education teacher and the school principal
- ★☆☆★ _____ **PHYSICAL EDUCATION AND HEALTH HOURS (provide one of the following)**
 - PE/Health Schedule indicating time and calculation of total hours in school year
 - Narrative of total PE/health hours implemented at each grade level for the year
- ★☆☆★ _____ **FITNESSGRAM ASSESSMENT DATA (provide a percentages summary report of the following)**
 - Number of students assessed by grade out of number of students enrolled in each grade (schools can verify the percentages of students using the “Compliance Report”)
- ☆☆★ _____ **RECESS SCHEDULE**
 - School recess schedule indicating weekly (silver) or daily (gold) recess
- ☆☆ _____ **WELLNESS COMMITTEE (provide BOTH of the following)**
 - Committee roster
 - Anecdotal example of one major accomplishment
- ☆☆ _____ **ONLINE SCHOOL ASSESSMENT CHECKLIST (provide evidence for the following)**
 - Completed the “Alliance for a Healthier Generation Healthy Schools Program Inventory”
- ☆☆ _____ **SCHOOL SUCCESS STORY**
 - One-page submission of your school’s healthy school success story
- ☆☆ _____ **POWER UP FOR 30 PLEDGE**
 - This information is on record at Georgia Shape and will be verified upon submission
- ★ _____ **ATTENDED POWER UP FOR 30 TRAINING**
 - Provide date, location, and names of training team members who attended training
- ★ _____ **POWER UP FOR 30 SUMMARY**
 - One-page summary of how Power Up for 30 was implemented before, during, and/or after school and who was involved in championing the programming

Middle School

- ★☆☆★ _____ **VALIDATION STATEMENT & SIGNATURES**
 - A document stating “all criteria has been met and the information provided is accurate”
 - Signed by a physical education teacher and the school principal
- ★☆☆★ _____ **FITNESSGRAM ASSESSMENT DATA (provide a percentages summary report of the following)**
 - Number of students assessed by grade level compared to the student population at each grade level for each of the five fitness tests (schools can verify the percentages of students using the “Compliance Report”)
- ☆☆★ _____ **REGULARLY SCHEDULED SUPERVISED FITNESS**
 - A narrative describing the activity, how and when it is scheduled, and average number of attendees (Interscholastic competitive sports are not included)
- ☆☆ _____ **WELLNESS COMMITTEE (provide BOTH of the following)**
 - Committee roster
 - Anecdotal example of one major accomplishment

- ★ ★ _____ **ONLINE SCHOOL ASSESSMENT CHECKLIST (provide evidence the following)**
 - Completed the “Alliance for a Healthier Generation Healthy Schools Program Inventory”
- ★ ★ _____ **SCHOOL SUCCESS STORY**
 - One-page submission of your school’s healthy school success story
- ★ _____ **PROOF OF AWARD STATUS**
 - Earned from the Alliance for a Healthier Generation

High School

- ★ ★ ★ ★ _____ **VALIDATION STATEMENT & SIGNATURES**
 - A document stating “all criteria has been met and the information provided is accurate”
 - Signed by a physical education teacher and the school principal
- ★ ★ ★ ★ _____ **FITNESSGRAM ASSESSMENT DATA (provide a percentages summary report of the following)**
 - Number of students assessed by course number compared to the student number enrolled by course number for each of the five fitness tests (schools can verify the percentages of students using the “Compliance Report”)
- ★ ★ ★ _____ **REGULARLY SCHEDULED SUPERVISED FITNESS**
 - A narrative describing the activity, how and when it is scheduled, and average number of attendees (Interscholastic competitive sports are not included)
- ★ ★ _____ **WELLNESS COMMITTEE (provide BOTH of the following)**
 - Committee roster
 - Anecdotal example of one major accomplishment
- ★ ★ _____ **ONLINE SCHOOL ASSESSMENT CHECKLIST (provide evidence for the following)**
 - Completed the “Alliance for a Healthier Generation Healthy Schools Program Inventory”
- ★ ★ _____ **SCHOOL SUCCESS STORY**
 - One-page submission of your school’s healthy school success story
- ★ _____ **PROOF OF AWARD STATUS**
 - Earned from the Alliance for a Healthier Generation

***Applications and all supporting documents must be received by Friday, JUNE 7th to be considered for recognition and award prizes. Please return completed application and all supporting documentation to:**

**Georgia Department of Public Health
Georgia Shape
Attn: Esther Mune
2 Peachtree St NW 10-216
Atlanta, GA 30303**

Questions? Contact Esther.Mune@dph.ga.gov



ELEMENTARY SCHOOL APPLICATION

School Name and District: _____

School Address: _____

Grades Served: _____

Contact Person (name, title, phone, and email): _____

Questions 1-4 qualify schools for the Bronze Honor Roll distinction

- 1. All students in grades K-5 are required to have at least 90 hours of health and physical education instruction. Do all students in grades K-5 meet these requirements?**
 - a. Yes, see documentation
 - b. No
- 2. Physical Education teachers are required to assess and enter data for 100% of students in grades 4-5 for the full battery. Did your school enter the required data for 100% of the 4th & 5th grade students?**
 - a. Yes, see documentation. Documentation can include exempt students.
 - b. No
- 3. Physical Education teachers are required to assess and enter height and weight data for 100% of students in grades 1-3. Did your school enter the required data for 100% of the 1st-3rd grade students?**
 - a. Yes, see documentation
 - b. No
- 4. Please provide a verification statement signed by the principal and lead physical education teacher verifying all submitted information is correct.**

Schools applying for the Silver Honor Roll distinction must answer questions 1-4 above in addition to question 5.

- 5. Does your school schedule and implement weekly recess and or physical activity time for all students in grades K-5?**
 - a. Yes, see documentation
 - b. No

Schools applying for the Gold Honor Roll distinction must answer questions 1-5 above in addition to the questions 6-10.

- 6. Does your school have an active *Wellness Committee*?**
 - a. Yes, see documentation
 - b. No
- 7. Does your school schedule and implement daily recess or physical activity time for all students in grades K-5?**
 - a. Yes, see documentation
 - b. No
- 8. Does your school participate in the Alliance for a Healthier Generation School Program?**
 - a. Yes, see documentation
 - b. No



9. Has your school signed the “Power Up for 30” Pledge?

- a. Yes
- b. No

10. Please submit a ONE page “Healthy School” success story

Schools applying for the Platinum Honor Roll distinction must answer questions 1-10 above in addition to the questions 11-12:

11. Did three representatives from your school attend a Power Up for 30 training?

- a. Yes, please provide the date, location, and who attended
- b. No

12. Please submit a ONE page “Power Up for 30” success story

MIDDLE SCHOOL APPLICATION

School Name and District: _____

School Address: _____

Grades Served: _____

Contact Person (name, title, phone and email): _____

Questions 1 & 2 qualify schools for the Bronze Honor Roll distinction

1. Physical Education teachers must assess and enter data for the full battery for 50% of students in each grade. Does your school assess and enter full battery data for at least 50% of students in each grade?
 - a. Yes, see documentation
 - b. No
2. Please provide a verification statement signed by the principal and lead physical education teacher verifying all submitted information is correct.

Schools applying for Silver Level distinction must answer questions 1-2 in addition to questions 3-4.

3. Physical Education teachers must assess and enter data for the full battery for at least 75% of students in each grade. Does your school assess and enter full battery data for at least 75% of students in each grade?
 - a. Yes, see documentation
 - b. No
4. Does your school offer regularly scheduled, additional supervised fitness-related activity? This does NOT include interscholastic competitive sports.
 - a. Yes, see documentation
 - b. No

Schools applying for Gold Level distinction must answer questions 1-4 in addition to questions 5-7.

5. Does your school have an active *Wellness Committee*?
 - a. Yes, please provide the roster and an example of one accomplishment

- b. No
- 6. Does your school participate in Alliance for a Healthier Generation School Program?
 - a. Yes, see documentation
 - b. No
- 7. Please submit a ONE page “Healthy School” success story.

Schools applying for the Platinum Honor Roll distinction must answer questions 1-7 above in addition to the question 8:

- 8. Did your school earn an award status in the Alliance for a Healthier Generation School Program?
 - a. Yes, see documentation
 - b. No

HIGH SCHOOL APPLICATION

School Name and District: _____

School Address: _____

Grades Served: _____

Contact Person (name, title, phone and email): _____

Questions 1 & 2 qualify schools for the Bronze Honor Roll distinction

- 1. Physical Education teachers are required to assess and enter data for the full battery for 100% of students enrolled in Physical Education classes. Does your school assess and enter full battery data for 100% of students enrolled in Physical Education classes?
 - a. Yes, see documentation
 - b. No
- 2. Please provide a verification statement signed by the principal and lead physical education teacher verifying all submitted information is correct.

Schools applying for Silver Level distinction must answer question 1 & 2 in addition to question 3.

- 3. Does your school offer regularly scheduled, additional supervised fitness-related activity? This does NOT include interscholastic competitive sports.
 - a. Yes, see documentation
 - b. No

Schools applying for Gold Level distinction must answer questions 1-3 in addition to questions 4-6.

- 4. Does your school have an active *Wellness Committee*?
 - a. Yes, see documentation
 - b. No
- 5. Does your school participate in the Alliance for a Healthier Generation School Program?
 - a. Yes, see documentation
 - b. No
- 6. Please submit a ONE page “Healthy School” success story.



Schools applying for the Platinum Honor Roll distinction must answer questions 1-6 above in addition to the questions 7:

- 7. Did your school earn an award status in the Alliance for a Healthier Generation School Program?**
 - a. Yes, see documentation
 - b. No