



# GOVERNOR'S HONOR ROLL

2017 Criteria & Application

**WHY APPLY FOR THE GOVERNOR'S SHAPE HONOR ROLL?** This award recognizes elementary, middle, and high schools for their dedication to creating a healthy school environment and a culture of wellness for staff, students, and community. On behalf of the Governor's Office, the Department of Education, and the Department of Public Health, all applicants who meet the requirements of recognition and submit proper documentation will be rewarded for their outstanding efforts.

**IMPORTANT DATES:**

- **March, 2017** – Application Period Opens
- **June 3rd, 2017** – Application and Documentation Submission Deadline
- **July 15th, 2017** – Qualified Schools Notified of Award Status
- **August 26th, 2017** – 2015 Honor Roll Awardee List Released and Posted Online

## LEVELS OF AWARD RECOGNITION

**ELEMENTARY**

<p><b>BRONZE</b></p> <ul style="list-style-type: none"> <li>90 hrs of PE/health</li> <li>100% of students complete FitnessGram</li> <li>Principal verification</li> </ul>
<p><b>SILVER</b></p> <ul style="list-style-type: none"> <li>Schedule weekly recess</li> </ul>
<p><b>GOLD</b></p> <ul style="list-style-type: none"> <li>Schedule daily recess</li> <li>Wellness committee</li> <li>Healthier US School Challenge Application or Alliance for Healthier Generation Assessment Inventory</li> <li>Healthy Success Story</li> <li>Power Up for 30 Pledge</li> </ul>
<p><b>PLATINUM</b></p> <ul style="list-style-type: none"> <li>Power Up for 30 Training</li> <li>Power Up for 30 Story</li> </ul>



**MIDDLE SCHOOL**

<p><b>BRONZE</b></p> <ul style="list-style-type: none"> <li>50% of student population completes FitnessGram</li> <li>Principal verification</li> </ul>
<p><b>SILVER</b></p> <ul style="list-style-type: none"> <li>75% of student population completes FitnessGram</li> <li>Regularly scheduled supervised fitness activity before or after school</li> </ul>
<p><b>GOLD</b></p> <ul style="list-style-type: none"> <li>Wellness committee</li> <li>Healthier US School Challenge Application or Alliance for Healthier Generation Assessment Inventory</li> <li>Healthy Success Story</li> </ul>
<p><b>PLATINUM</b></p> <ul style="list-style-type: none"> <li>Award status from US School Challenge or the Alliance</li> </ul>













**HIGH SCHOOL**

<p><b>BRONZE</b></p> <ul style="list-style-type: none"> <li>100% of students enrolled in PE classes</li> <li>complete FitnessGram</li> <li>Principal verification</li> </ul>
<p><b>SILVER</b></p> <ul style="list-style-type: none"> <li>Regularly scheduled supervised fitness activity before or after school</li> </ul>
<p><b>GOLD</b></p> <ul style="list-style-type: none"> <li>Wellness committee</li> <li>Healthier US School Challenge Application or Alliance for Healthier Generation Assessment Inventory</li> <li>Healthy Success Story</li> </ul>
<p><b>PLATINUM</b></p> <ul style="list-style-type: none"> <li>Award status from US School Challenge or the Alliance</li> </ul>







# SUPPORTING DOCUMENTATION REQUIREMENTS

## Elementary

-  \_\_\_\_\_ **VALIDATION STATEMENT & SIGNATURES**
  - A document stating “all criteria has been met and the information provided is accurate”
  - Signed by a physical education teacher and the school principal
-  \_\_\_\_\_ **PHYSICAL EDUCATION AND HEALTH HOURS (provide one of the following)**
  - PE/Health Schedule indicating time and calculation of total hours in school year
  - Narrative of total PE/health hours implemented at each grade level for the year
-  \_\_\_\_\_ **FITNESSGRAM ASSESSMENT DATA (provide a percentages summary report of the following)**
  - Number of students assessed by grade out of number of students enrolled in each grade
-  \_\_\_\_\_ **RECESS SCHEDULE**
  - School recess schedule indicating weekly (silver) or daily (gold) recess
-  \_\_\_\_\_ **WELLNESS COMMITTEE (provide BOTH of the following)**
  - Committee roster
  - Anecdotal example of one major accomplishment
-  \_\_\_\_\_ **ONLINE SCHOOL ASSESSMENT CHECKLIST (provide evidence for one the following)**
  - Completed “Healthier US School Challenge” Application for Bronze or Silver
  - Completed the “Alliance for a Healthier Generation Healthy Schools Program Inventory”
-  \_\_\_\_\_ **SCHOOL SUCCESS STORY**
  - One-page submission of your school’s healthy school success story
-  \_\_\_\_\_ **POWER UP FOR 30 PLEDGE**
  - This information is on record at Georgia Shape and will be verified upon submission
-  \_\_\_\_\_ **ATTENDED POWE UP FOR 30 TRAINING (must be completed before August 1<sup>st</sup>, 2016)**
  - Provide date, location, and names of training team members who attended training
-  \_\_\_\_\_ **POWER UP FOR 30 SUMMARY**
  - One-page summary of how Power Up for 30 was implemented before, during, and/or after school and who was involved in championing the programming

## Middle School

-  \_\_\_\_\_ **VALIDATION STATEMENT & SIGNATURES**
  - A document stating “all criteria has been met and the information provided is accurate”
  - Signed by a physical education teacher and the school principal
-  \_\_\_\_\_ **FITNESSGRAM ASSESSMENT DATA (provide a percentages summary report of the following)**
  - Number of students assessed by grade level compared to the student population at each grade level for each of the five fitness tests
-  \_\_\_\_\_ **REGULARLY SCHEDULED SUPERVISED FITNESS**
  - A narrative describing the activity, how and when it is scheduled, and average number of attendees (Interscholastic competitive sports are not included)
-  \_\_\_\_\_ **WELLNESS COMMITTEE (provide BOTH of the following)**
  - Committee roster
  - Anecdotal example of one major accomplishment



- ★ ★ \_\_\_\_\_ **ONLINE SCHOOL ASSESSMENT CHECKLIST (provide evidence for one the following)**
  - Completed “Healthier US School Challenge” Application for Bronze or Silver
  - Completed the “Alliance for a Healthier Generation Healthy Schools Program Inventory”
- ★ ★ \_\_\_\_\_ **SCHOOL SUCCESS STORY**
  - One-page submission of your school’s healthy school success story
- ★ \_\_\_\_\_ **PROOF OF AWARD STATUS**
  - Earned from the Healthier US School Challenge or Alliance for a Healthier Generation

## High School

- ★ ★ ★ ★ \_\_\_\_\_ **VALIDATION STATEMENT & SIGNATURES**
  - A document stating “all criteria has been met and the information provided is accurate”
  - Signed by a physical education teacher and the school principal
- ★ ★ ★ ★ \_\_\_\_\_ **FITNESSGRAM ASSESSMENT DATA (provide a percentages summary report of the following)**
  - Number of students assessed by course number compared to the student number enrolled by course number for each of the five fitness tests
- ★ ★ ★ \_\_\_\_\_ **REGULARLY SCHEDULED SUPERVISED FITNESS**
  - A narrative describing the activity, how and when it is scheduled, and average number of attendees (Interscholastic competitive sports are not included)
- ★ ★ \_\_\_\_\_ **WELLNESS COMMITTEE (provide BOTH of the following)**
  - Committee roster
  - Anecdotal example of one major accomplishment
- ★ ★ \_\_\_\_\_ **ONLINE SCHOOL ASSESSMENT CHECKLIST (provide evidence for one the following)**
  - Completed “Healthier US School Challenge” Application for Bronze or Silver
  - Completed the “Alliance for a Healthier Generation Healthy Schools Program Inventory”
- ★ ★ \_\_\_\_\_ **SCHOOL SUCCESS STORY**
  - One-page submission of your school’s healthy school success story
- ★ \_\_\_\_\_ **PROOF OF AWARD STATUS**
  - Earned from the Healthier US School Challenge or Alliance for a Healthier Generation

**\*Applications and all supporting documents must be received by SATURDAY, JUNE 3<sup>rd</sup> to be considered for recognition and award prizes. Please complete application and submit all supporting documentation online at:**

**Elementary School Honor Roll Application:** <https://dph.georgia.gov/webform/governors-shape-honor-roll-elementary-school-application>

**Middle School Honor Roll Application:** <https://dph.georgia.gov/webform/governors-shape-honor-roll-middle-school-application>

**High School Honor Roll Application:** <https://dph.georgia.gov/webform/governors-shape-honor-roll-high-school-application>

**Questions? Contact [Bradley.Chester@dph.ga.gov](mailto:Bradley.Chester@dph.ga.gov)**



## **ELEMENTARY SCHOOL APPLICATION**

School Name and District: \_\_\_\_\_

School Address: \_\_\_\_\_

Grades Served: \_\_\_\_\_

Contact Person (name, title, phone, and email): \_\_\_\_\_

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### **Questions 1-4 qualify schools for the Bronze Honor Roll distinction**

1. All students in grades K-5 are required to have at least 90 hours of health and physical education instruction. Do all students in grades K-5 meet these requirements?
  - a. Yes, see documentation
  - b. No
2. Physical Education teachers are required to assess and enter data for 100% of students in grades 4-5 for the full battery. Did your school enter the required data for 100% of the 4<sup>th</sup> & 5<sup>th</sup> grade students?
  - a. Yes, see documentation
  - b. No
3. Physical Education teachers are required to assess and enter height and weight data for 100% of students in grades 1-3. Did your school enter the required data for 100% of the 1<sup>st</sup>-3<sup>rd</sup> grade students?
  - a. Yes, see documentation
  - b. No
4. Please provide a verification statement signed by the principal and lead physical education teacher verifying all submitted information is correct.

### **Schools applying for the Silver Honor Roll distinction must answer questions 1-4 above in addition to question 5.**

5. Does your school schedule and implement weekly recess and or physical activity time for all students in grades K-5?
  - a. Yes, see documentation
  - b. No

### **Schools applying for the Gold Honor Roll distinction must answer questions 1-5 above in addition to the questions 6-10.**

6. Does your school have an active *Wellness Committee*?
  - a. Yes, see documentation
  - b. No
7. Does your school schedule and implement daily recess or physical activity time for all students in grades K-5?
  - a. Yes, see documentation
  - b. No
8. Does your school participate in the Healthier US School Challenge or the Alliance for a Healthier Generation School Program?
  - a. Yes, see documentation
  - b. No



**9. Has your school signed the “Power Up for 30” Pledge?**

- a. Yes
- b. No

**10. Please submit a ONE page “Healthy School” success story**

**Schools applying for the Platinum Honor Roll distinction must answer questions 1-10 above in addition to the questions 11-12:**

**11. Did three representatives from your school attend a Power Up for 30 training?**

- a. Yes, please provide the date, location, and who attended
- b. No

**12. Please submit a ONE page “Power Up for 30” success story**



## **MIDDLE SCHOOL APPLICATION**

School Name and District: \_\_\_\_\_

School Address: \_\_\_\_\_

Grades Served: \_\_\_\_\_

Contact Person (name, title, phone and email): \_\_\_\_\_

### **Questions 1 & 2 qualify schools for the Bronze Honor Roll distinction**

1. Physical Education teachers must assess and enter data for the full battery for 50% of students in each grade. Does your school assess and enter full battery data for at least 50% of students in each grade?
  - a. Yes, see documentation
  - b. No
2. Please provide a verification statement signed by the principal and lead physical education teacher verifying all submitted information is correct.

### **Schools applying for Silver Level distinction must answer questions 1-2 in addition to questions 3-4.**

3. Physical Education teachers must assess and enter data for the full battery for at least 75% of students in each grade. Does your school assess and enter full battery data for at least 75% of students in each grade?
  - a. Yes, see documentation
  - b. No
4. Does your school offer regularly scheduled, additional supervised fitness-related activity? This does NOT include interscholastic competitive sports.
  - a. Yes, see documentation
  - b. No

### **Schools applying for Gold Level distinction must answer questions 1-4 in addition to questions 5-7.**

5. Does your school have an active *Wellness Committee*?
  - a. Yes, please provide the roster and an example of one accomplishment
  - b. No
6. Does your school participate in the Healthier US School Challenge or the Alliance for a Healthier Generation School Program?
  - a. Yes, see documentation
  - b. No
7. Please submit a ONE page "Healthy School" success story.

### **Schools applying for the Platinum Honor Roll distinction must answer questions 1-7 above in addition to the question 8:**

8. Did your school earn an award status in the Healthier US School Challenge or the Alliance for a Healthier Generation School Program?
  - a. Yes, see documentation
  - b. No



## **HIGH SCHOOL APPLICATION**

School Name and District: \_\_\_\_\_

School Address: \_\_\_\_\_

Grades Served: \_\_\_\_\_

Contact Person (name, title, phone and email): \_\_\_\_\_

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### **Questions 1 & 2 qualify schools for the Bronze Honor Roll distinction**

1. Physical Education teachers are required to assess and enter data for the full battery for 100% of students enrolled in Physical Education classes. Does your school assess and enter full battery data for 100% of students enrolled in Physical Education classes?
  - a. Yes, see documentation
  - b. No
2. Please provide a verification statement signed by the principal and lead physical education teacher verifying all submitted information is correct.

### **Schools applying for Silver Level distinction must answer question 1 & 2 in addition to question 3.**

3. Does your school offer regularly scheduled, additional supervised fitness-related activity? This does NOT include interscholastic competitive sports.
  - a. Yes, see documentation
  - b. No

### **Schools applying for Gold Level distinction must answer questions 1-3 in addition to questions 4-6.**

4. Does your school have an active *Wellness Committee*?
  - a. Yes, see documentation
  - b. No
5. Does your school participate in the Healthier US School Challenge or the Alliance for a Healthier Generation School Program?
  - a. Yes, see documentation
  - b. No
6. Please submit a ONE page "Healthy School" success story.

### **Schools applying for the Platinum Honor Roll distinction must answer questions 1-6 above in addition to the questions 7:**

7. Did your school earn an award status in the Healthier US School Challenge or the Alliance for a Healthier Generation School Program?
  - a. Yes, see documentation
  - b. No



## Criteria Chart -- what level have you achieved?

An "X" means criteria is required

Elementary		Recognition Level			
Criteria	Documentation	Bronze	Silver	Gold	Platinum
All students in grades K-5 meet the required 90 hours of health education and physical education instruction.	One of two documentation options: 1. Physical education and health schedule indicating time and calculation of 90 hours. 2. A narrative with specific information on how hours are implemented at each grade level.	x	x	x	x
Physical education teacher(s) assess and enter data for 100%* of students in grades 4-5 full battery; and grades 1-3 ht and wt.	Number of students by grade and number tested in required areas. ( *Exemption total also included ) Assessments to be included: Grades 4-5 Pacer; Height and Weight; Curl Up; Push Up; Sit and Reach/Grades 1-3 Height and Weight	x	x	x	x
Provide criteria verification with recognition request.	Principal and lead physical education teacher verify information is accurate	x	x	x	x
Schedule and implement <u>weekly</u> recess and or physical activity time for all students in grades K-5	School recess schedule indicating recess or physical activity time beyond physical education instructional time for all students. Minimum for this component is one time per week.		x	x	x
School has an active Wellness Committee	Two documentation items required: 1. Committee Roster 2. Anecdotal examples of one accomplishment			x	x
Schedule and implement <u>daily</u> recess and or physical activity time for all students in grades K-5	School recess schedule indicating daily recess or physical activity time beyond physical education instructional time for all students.			x	x



Completed the US School Challenge <i>Bronze or Silver Application</i> or completed the Alliance for a Healthier Generation School <i>Assess Your School Inventory</i>	Join the Healthier US School Challenge Team at <a href="http://www.fns.usda.gov/tn/join-team">http://www.fns.usda.gov/tn/join-team</a> then complete the application for Bronze or Silver <a href="http://healthymeals.nal.usda.gov/hsmrs/HUSSC/HUSSCformbrnz.pdf">http://healthymeals.nal.usda.gov/hsmrs/HUSSC/HUSSCformbrnz.pdf</a> OR Complete the Alliance for a Healthier Generation's <i>Assess Your School Inventory</i> <a href="https://schools.healthiergeneration.org/6_step_process/assess_your_school/about_the_inventory/">https://schools.healthiergeneration.org/6_step_process/assess_your_school/about_the_inventory/</a>			x	x
One-page success story	One page submission of a healthy school success story.			x	x
Sign the Participation Pledge for "Power Up for 30"	Copy of your school's pledge document			x	x
Attend a "Power Up for 30" training session	Date, location, and names of the 3 representatives who attended the training session				x
One-page story on how implemented "Power Up for 30"	One page submission of school's efforts to incorporate 30 minutes of physical activity before, during, or after school				x

Middle School		Recognition Level			
Criteria	Documentation	Bronze	Silver	Gold	Platinum
Physical education teacher(s) assess and enter data for 50% of students at each grade. Full battery to be completed and scores recorded for a minimum of 50% of student population at each individual grade.	Documentation of student number assessed at each grade level as compared to the student population at each grade level. Assessments to include the full test battery -Pacer; Height and Weight; Curl Up; Push Up; Sit and Reach.	x	x	x	x
Provide criteria verification with recognition request.	Principal and lead physical education teacher verify information is accurate	x	x	x	x

Physical education teacher(s) assess and enter data for 75% of students at each grade. Full battery to be completed and scores recorded for a minimum of 75% of student population at each individual grade.	Documentation of student number assessed at each grade level as compared to the student population at each grade level. Assessments to include the full test battery -Pacer; Height and Weight; Curl Up; Push Up; Sit and Reach.		x	x	x
Offer a regularly scheduled additional supervised fitness related activity before or after school. (Interscholastic competitive sports are not included)	Narrative describing the activity, how and when it is scheduled, and average number of attendees.		x	x	x
School has an active Wellness Committee.	1. Committee Roster 2. Anecdotal examples of a major accomplishment of the wellness committee			x	x
Completed the US School Challenge Bronze or Silver Application or completed the Alliance for a Healthier Generation School Assess Your School Inventory	Join the Healthier US School Challenge Team at <a href="http://www.fns.usda.gov/tn/join-team">http://www.fns.usda.gov/tn/join-team</a> then complete the application for Bronze or Silver <a href="http://healthymeals.nal.usda.gov/hsmrs/HUSSC/HUSSCformbrnz.pdf">http://healthymeals.nal.usda.gov/hsmrs/HUSSC/HUSSCformbrnz.pdf</a> OR Complete the Alliance for a Healthier Generation's Assess Your School Inventory <a href="https://schools.healthiergeneration.org/6_step_process/assess_your_school/about_the_inventory/">https://schools.healthiergeneration.org/6_step_process/assess_your_school/about_the_inventory/</a>			x	x
One-page success story	One page submission of a healthy school success story.			x	x
Earned award status from US School Challenge or Alliance for a Healthier Generation	Provide proof of award status recognition from one of the agencies				x
<b>High School</b>					
<b>Recognition Level</b>					
<b>Criteria</b>	<b>Documentation</b>	<b>Bronze</b>	<b>Silver</b>	<b>Gold</b>	<b>Platinum</b>

Physical education teacher(s) assess and enter data for 100 % of students in all scheduled physical education classes.	Documentation of student number assessed by course number as compared to student number enrolled by course number . Assessments to include the full test battery -Pacer; Height and Weight; Curl Up; Push Up; Sit and Reach.	x	x	x	x
Provide criteria verification with recognition request.	Principal and lead physical education teacher verify information is accurate	x	x	x	x
Offer a regularly scheduled additional supervised fitness related activity before or after school. (Interscholastic competitive sports are not included)	Narrative describing the activity, how and when it is scheduled, and average number of attendees.		x	x	x
School has an active Wellness Committee.	1. Committee Roster 2. Anecdotal examples of a major accomplishment of the wellness committee			x	x
Completed the US School Challenge Bronze or Silver Application or completed the Alliance for a Healthier Generation School Assess Your School Inventory	Join the Healthier US School Challenge Team at <a href="http://www.fns.usda.gov/tn/join-team">http://www.fns.usda.gov/tn/join-team</a> then complete the application for Bronze or Silver <a href="http://healthymeals.nal.usda.gov/hsmrs/HUSSC/HUSSCformbrnz.pdf">http://healthymeals.nal.usda.gov/hsmrs/HUSSC/HUSSCformbrnz.pdf</a> OR Complete the Alliance for a Healthier Generation's Assess Your School Inventory <a href="https://schools.healthiergeneration.org/6_step_process/assess_your_school/about_the_inventory/">https://schools.healthiergeneration.org/6_step_process/assess_your_school/about_the_inventory/</a>			x	x
One-page success story	One page submission of a healthy school success story.			x	x
Earned award status from US School Challenge or Alliance for a Healthier Generation	Provide proof of award status recognition from one of the agencies				x